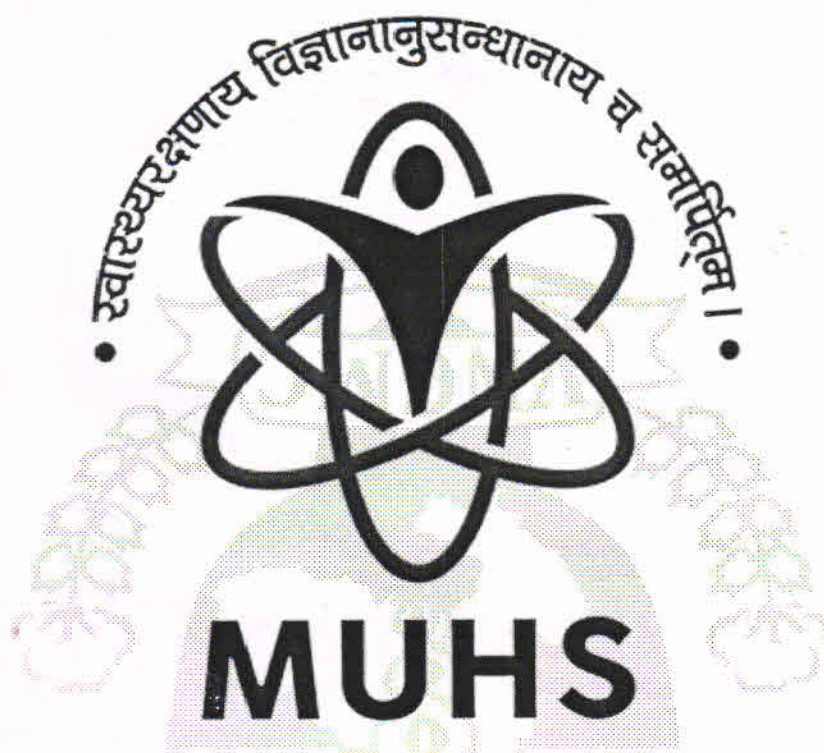


**Maharashtra University of Health Sciences
Nashik**



FOUNDATION COURSE LOGBOOK

For

PHASE I MBBS STUDENTS

AS PER

COMPETENCY BASED CURRICULUM

First Edition: 2019

FOUNDATION COURSE LOGBOOK

For

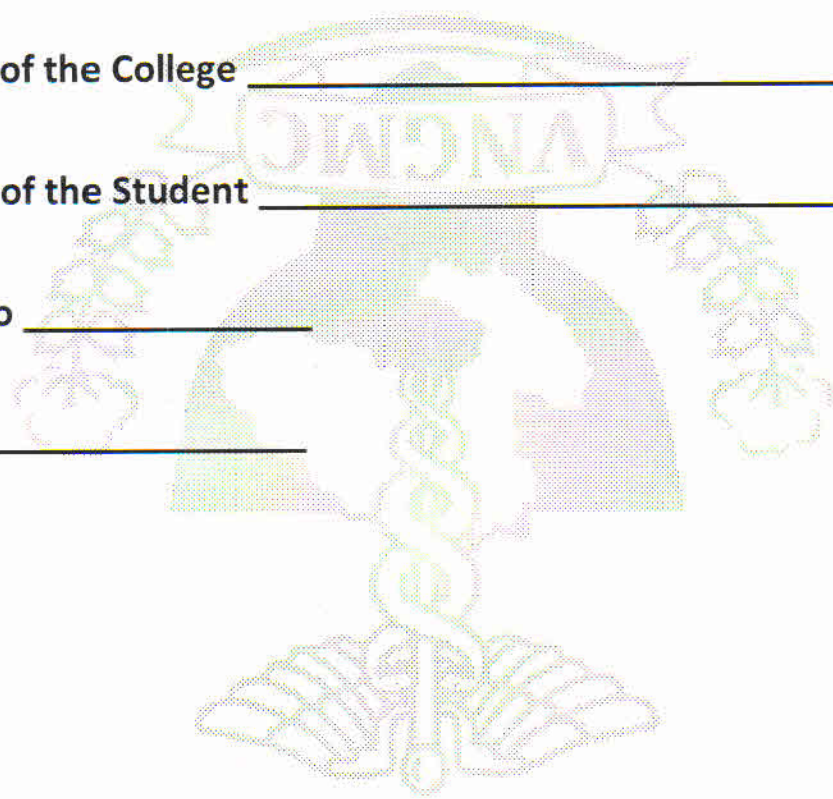
PHASE I MBBS STUDENTS

Name of the College _____

Name of the Student _____

Roll No _____

Year _____



**SHRI VASANTRAO NAIK GOVERNMENT
MEDICAL COLLEGE, YAVATMAL.**



॥लोकाः समस्ताः सुखिनो भवन्तु॥

**Certificate
of
Completion of Foundation Course**

This is to certify that Mr. / Ms. _____ Roll
No. _____ has completed the various elements of Foundation Course as
prescribed by Medical Council of India, at the _____ Medical
College, satisfactorily.

Date:

Place:

Signature of Teacher Assigned

Professor and Head
Dept. of Anatomy

Professor and Head
Dept. of Physiology

Professor and Head
Dept. of Biochemistry

Professor and Head
Dept. of Community Medicine

PURPOSE OF FOUNDATION COURSE

Purpose of the Foundation Course is to

- 1) Orient the students to medical profession, curriculum and institute
- 2) Acclimatize them to campus environment
- 3) Familiarize with teaching programs
- 4) Help to adapt to academic challenges
- 5) Cope with the vast body of knowledge and skills required in health care system
- 6) Develop habits of self-directed learning

Contents of Foundation Course

Sr. No	Subjects/ Contents
1.	Orientation
2.	Skills Module
3.	Field visit to community health center
4.	Professional Development including ethics
5.	Sports and Extracurricular activities
6.	Enhancement of language/ computer skills

Instructions to Students

- It is mandatory for all the students to attend all the modules in the foundation course as per the college timetable.
- A minimum of 75% attendance in the foundation course is mandatory as per MCI guidelines.
- As the various sessions in these modules are of interactive, the students are expected to actively participate in the learning activities.
- The students are encouraged for self-directed learning.
- The student will write his or her reflections about the sessions experienced weekly.
- It shall be the responsibility of the student to maintain the log book, get it assessed and certified, preserve the record and produce it as and when required by the institute.

Instructions for Reflections:

Reflections should be structured using the following guiding questions:

- What happened? (What did you learn from this experience)
- So what? (What are the applications of this learning)
- What next? (What knowledge or skills do you need to develop so that you can handle this type of situation?)

SVNGMC Yavatmal

Time table of the Foundation Course MBBS-2019 Batch

Week 1					
Sr No	Date	Activity	Reflections Page No	Teachers Signature	Remarks
1	01/08/19	Dean's address, Meeting the parents			
2	01/08/19	Campus tour, Department visits.			
3	2/8/19 to 3/8/19	Yoga, Pranayam and Meditation sessions			
4	02/08/19	Introduction to Institute website.			
5	02/08/19	Downloading Institute app			
6	02/08/19	Visit to the library Use of E Library.			
7	02/08/19	Guardian allotment and introductory meeting			
8	03/08/19	Lecture on Yoga / Spiritual discourses			
9	03/08/19	Behavioral Assessment by Interactive Question Answer Session			
10	03/08/19	Enrollment in extracurricular activities. Music club, Sports			
Week 2					
1	5/8/19 to 9/8/19	Yoga, Pranayam and Meditation sessions			
2	05/08/19	Overview of MBBS Programme			
3	05/08/19	Introduction to medical ethics, attitude and professionalism			
4	05/08/19	Personality Development			
5	05/08/19	Sports activity			
6	06/08/19	Alternative Health Medicine			
7	06/08/19	Computer skills introduction			
8	06/08/19	Stress Management			
9	06/08/19	Sports activity			
10	07/08/19	History of medicine			
11	07/08/19	Expectations of Society and Patients from Doctors			
12	07/08/19	Expectations of Doctors from Society and Patients			
13	07/08/19	Time Management			
14	07/08/19	Sports activity			
15	08/08/19	Institutional Rules & Regulations			
16	08/08/19	Self directed Learning (SDL) Introduction			
17	08/08/19	Rural Health Centre visit			

Sr No	Date	Activity	Reflections Page No	Teachers Signature	Remarks
18	08/08/19	Sports activity			
19	09/08/19	Health Care Delivery System in India			
20	09/08/19	National Health Programmes			
21	09/08/19	Career Pathways & Personal Growth			
22	09/08/19	Urban Health Centre visit			
23	09/08/19	Sports activity			
Week 3					
1	13/8/19 to 16/8/19	Yoga, Pranayam and Meditation sessions			
2	13/08/19	Marathi Language Skills			
3	13/08/19	English Language Skills			
4	13/08/19	Computer Skills Introduction			
5	13/08/19	Biosafety, Needle/scalpel injury, Biomedical Waste Management			
6	13/08/19	Simulation based learning			
7	13/08/19	Computer Skills – MS Word			
8	14.08/19	Basic Life Support			
9	14.08/19	Computer Skills – MS Excel			
10	14.08/19	University Exam Rules and Attendance			
11	14.08/19	Learning Strategies - Pedagogy			
12	14.08/19	Extracurricular activities			
13	14.08/19	Sports activity			
14	15/08/19	Flag hoisting, Tree plantation and Shram daan.			
15	16/08/19	First Aid Training			
16	16/08/19	What students can expect from Institution and Faculties			
17	16/08/19	Computer skills PPT			
18	16/08/19	Skill requirements and certification			
19	16/08/19	Extracurricular activities			
20	16/08/19	Sports activity			
21	18/08/19	SDL – Movie on Bioethics			
Week 4					
1	19/8/19 to 23/8/19	Yoga, Pranayam and Meditation sessions			
2	19/08/19	Marathi Language Skills			
3	19/08/19	Group Learning and Group Dynamics			
4	19/08/19	Universal Precautions			
5	19/08/19	Extracurricular activities			
6	20/08/19	Vaccinations,			
7	20/08/19	Immunisation of Health care professionals			
8	20/08/19	English Language Skills			

Sr No	Date	Activity	Reflections Page No	Teachers Signature	Remarks
9	20/08/19	Extracurricular activities			
10	20/08/19	Sports activity			
11	21/08/19	Computer skills			
12	21/08/19	Extracurricular activities			
13	21/08/19	Sports activity			
14	22/08/19	Webnar / TED Talks on Medical Ethics			
15	22/08/19	Extracurricular activities			
16	22/08/19	Sports activity			
17	23/08/19	Introduction to Hospital HMIS System			
18	23/08/19	Extracurricular activities			
19	23/08/19	Sports activity			
20	25/08/19	SDL - Documentary			
Week 5					
1	26/8/19 to 31/8/19	Yoga, Pranayam and Meditation sessions			
2	26/08/19	Computer Skills revision			
3	26/08/19	Marathi Language Skills			
4	27/08/19	Computer Skills revision			
5	27/08/19	English Language Skills			
6	28/08/19	Computer Skills revision			
7	29/08/19	Self Directed Learning			
8	30/08/19	Computer Skills revision			
9	30/08/19	Webnar/ TED Talks on Medical Ethics			
10	31/08/19	Techniques of Hand Washing			
11	31/08/19	Using Online Resources			
12	31/08/19	Faculty student interaction Feedback from students and faculty			

REFLECTIONS

Reflect on your learning experiences during the week in foundation course under the following heads:

- What happened? (What did you learn from this experience)
- So what? (What are the applications of this learning)
- What next? (What knowledge or skills do you need to develop so that you can handle this type of situation?)

Leave 25-30 pages blank for writing reflections

